This time of the school year can be very stressful for children in Year 6. There are the forthcoming assessments and a change of school ahead. We recognise this and have prepared the notes below to support. You will know your child best and will choose which tips will help with your child.

- Your children have been well prepared in school. They have experienced past assessment papers and revised key curriculum areas to give them confidence.

- Spend short bursts over the remaining days (20 minutes at a maximum) revising key areas to show your child how well they are doing. Your child will have copies of previous papers that they have done in school. These will help to show where they are doing well and where they might need a little more support.

- Use the study books and the BBC ‘Bitesize’ website: http://www.bbc.co.uk/schools/ks2bitesize/ to help make any last minute revision fun and manageable.

- Remind your child how well they are doing and how proud they make you feel.

- Help your child to put the assessment week into perspective. Whilst we all want them to do well, we want them to be reassured that life goes on as normal after the assessments!

- Help your child to continue eating healthily in the run up to the assessment week. Don’t let them skip meals.

- Help your child to get sufficient rest. Make the hour before bedtime as relaxing as possible – no revision then. Perhaps a bath, a story or a similar calm activity to help wind down before bedtime.

- On the day of an assessment give your child plenty of reassurance. Remind them how well they are doing, how proud you are and how you will be happy to know they have done their best. You may wish to include these themes in prayer.

- Consider a few simple, relaxing treats during the week – perhaps a trip to the park after school, a hot chocolate in a café or something else to help maintain momentum throughout the assessment period.

- Try to avoid ‘grand gesture’ promises eg if you get level 5 in each paper I will give you lots of money to spend on holiday. These kinds of promises often add to the stress. Keep any extra-special treats as a surprise for the summer holidays!
Year 6 – SATs Assessment Timetable

Monday 14th May 2012
Reading Test – 9:15

Wednesday 16th May 2012
Mental Maths Test – 10:15
Maths Paper A – 11:00

Thursday 17th May 2012
Maths Paper B – 9:15

Friday 18th May 2012
Science Assessments – Non statutory
Paper A – 9:15
Paper B – 11:00

Monday 21st May 2012
Level 6 – English Reading Paper – 9:15
This assessment will be taken by specific pupils

Tuesday 22nd May 2012
Level 6 – Mathematics Paper – 9:15
This assessment will be taken by specific pupils

Friday 25th May 2012
Writing Assessment – 9:20